Program name: Me & My Veggie!
Duration: 15 minutes
Audience: Kindergarten
Location: In class: carpet for video then table groups for drawing

Themes:
● Let’s all get to know each other and start thinking about farm food!
● Do you have a favorite veggie? Oxbow Farmers do!
● A vegetable is a part of a plant that people can eat.

Goals: Introduce Oxbow and the Farmers to Frank Wagner students and allow classmates to get to know each other while talking about vegetables.

Introduction: Remind students of the Oxbow Farmers they’ll soon meet and how their class will be learning from these Farmer Teachers every month, either at the “outdoor classroom” at Oxbow or the “indoor classroom” at Frank Wagner. The Oxbow Farmers are so excited to meet the students that they made a video to introduce themselves!

Activity: Show “Introduction to Oxbow Farmers” video: https://youtu.be/wM9NMLCncQ4
After the video, hand out “Me and My Veggie” handout to each student and tell them to draw themselves with their favorite vegetable. Give the students 5-10 minutes to draw. As they are drawing, go around and ask inquiry questions (see below for inspiration).
Give time for students to share amongst their table groups and talk about any memories they have of eating, cooking, or growing food.

Inquiry Q’s:
● Have you ever seen this vegetable growing?
● How do you think this vegetable grows?
● What vegetables or fruits have you seen growing?
● How do you know that this vegetable is a food for people?
● What is your favorite way to eat this vegetable?
● What part of a plant is this vegetable? A leaf? A fruit?
● Do you eat this vegetable raw or cook it before eating it?

Conclusion: Talk about the field trips to Oxbow and in-class lessons that occurred last year. Share any highlights you heard from students or your own favorite parts!
Tell students that the Oxbow Farmers are coming to Frank Wagner to meet them soon and explain that we will have a similar “prompt and draw” handout for them but with a different question. This activity will get students ready for the evaluation methodology where farmers will ask the open-ended question “Draw me a picture of nature” and ask students to explain what they have drawn through a guided interview.

Materials:
- Oxbow video and projector
  https://youtu.be/wM9NMLCncQ4
- Me and My Veggie handout
- Coloring supplies for every student
Pre-Lesson Activity: Me & My Veggie

My name is:

My favorite vegetable is:

Draw a picture of you with your favorite vegetable