

## Camp COVID-19 Policies for Oxbow Dig Deeper Camp

We've outlined the COVID-19 safety practices in order of when they will present themselves before camp (or at home between camp days), upon arrival on site, and during camp. We ask for active participation from families to ensure campers and staff are exposed to the lowest possible risk.

### **Pre-screening and monitoring:**

Parents will be asked to take camper temperature (monitoring for fever\*) every day before arrival at Oxbow. We will also ask campers and families to answer pre-screening questions including asking about symptoms and history of exposure.

### **Staying home if sick:**

We require that if a camper (or family member) is sick or exhibiting any symptoms that could be COVID-19, that they stay home from camp for the remainder of the week unless assessed by a doctor or tested. Even if symptoms are mild, we require at least a one-day absence from camp for monitoring. If a camper or a close family member has experienced a suspected exposure to COVID-19 within the last month prior to camp, we ask that you cancel camp for a full refund. Our staff will be following the same procedure, informed by [CDC's guidance](#) and the [American Camp Association \(ACA\) guidance](#).

If you have to stay home for a portion of the camp week, you are protected by our camp cancellation policy: <https://www.oxbow.org/education/summercamp/summer-camp-policies/>

On site, staff will be alert for symptoms:

- Staff will watch for fever\*, cough or shortness of breath, or other [symptoms](#) of COVID-19
- Staff will check temperature using a forehead thermometer if symptoms develop.

### **Supplies:**

Campers will be asked to supply their own mask, work gloves, and notebook or journal (including pens, pencils, colors), in addition to a water bottle, lunch, and all utensils in order to minimize sharing. What to bring to camp is detailed [here](#).

Campers need to wear a clean mask every day; masks should be washed or replaced daily.

Surface sanitizer, extra masks, gloves, soap, paper products, and first aid supplies will be available.

Camp staff will be equipped with COVID safety gear on-hand at all times.

### **Pick up and Drop Off:**

Hand washing stations will be set up at the entrance of Oxbow for campers to clean their hands as campers arrive at Oxbow.

The same parent/guardian should drop off and pick up, if possible. Pick up and drop off will be done individually. Carpooling is discouraged (we didn't think we'd ever say that, believe us!).

Parents and other individuals who are on-site during drop off will also be required to wear masks unless exempt based on [Governor Inslee's mandate](#).

Campers must have temperature taken daily either before coming to Oxbow or upon arriving. If campers have a fever\* they will be asked to return or stay at home.

Parent/guardian and camper will be asked daily if the camper has any symptoms of COVID-19 (shortness of breath, flushed cheeks, difficulty breathing, cough). Additional symptoms are not limited to, but include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Parents will be asked to complete a daily sign-in and liability release waiver.

### **Social Distancing on site at Oxbow:**

Camp capacity is very limited. No more than ten campers are registered for each 2020 Oxbow Dig Deeper session, and camp groups will be further reduced to a maximum of 5-6 campers (7-8 individuals when including staff).

- The vast majority of camp activities will take place with all people spaced 6 feet or more apart.
- Campers will wear masks during camp days, especially when activities require campers to be spaced less than 6-8 feet apart. Masks need to be washed/replaced daily.

Signage will be posted to remind campers and staff of social distancing, hand washing and sanitation procedures.

Although the goal will be to avoid such interactions, knowing that natural errors may occur, instructors will monitor and log when campers come in close contact\*\* (interactions within 6 feet for more than 15 minutes, especially if done so without masks or if coughing or sneezing occurs).

Campers who are siblings or are from the same household will not be asked to remain 6 feet apart from each other.

### **Hygiene and sanitation:**

#### **Gloves**

Disposable gloves will be used by camp instructors and volunteers when distributing or handling food, and will be properly disposed of after use.

#### **Hand washing**

All hand washing protocols outlined by the CDC will be followed, including:

- Wash hands for at least 30 seconds with soap and water OR sanitize with a hand sanitizer of at least 60% alcohol content.
- Wash hands every time a camper/staff/volunteer enters and leaves Oxbow property, a bathroom is used, before and after handling food, and after touching the face.

Due to the increased hand washing need, additional hand washing and sanitizing stations will be available throughout the property.

**Harvesting and Farm Projects:**

The Oxbow Kids' Farm is growing many crops this year that are allocated for hunger relief which means there is additional precautions needed to ensure produce has not been contacted or handled by staff or visitors aside from the essential farmers.

Campers will be invited to participate in farm projects and exploration only in the areas of the field or garden that have been designated in advance.

Masks and gloves will be required when entering the Kids' Farm field for any reason.

Snacking will be done in designated areas and all produce will be washed prior to consumption. Produce harvested by campers will be for their own consumption (or for their family) and not shared between campers.

Hand washing will be required before and after eating and before entering the Kids' Farm field or doing any farm projects.

**Communication:**

We ask for full disclosure and continued communication from parents if there is a concern about potential COVID-19 exposure or symptoms and we will do the same.

If a camper is suspected of, or confirmed to have COVID during your camp week, we will disclose this information to staff and other camp families immediately.

**If a camper is suspected of having COVID-19, or exhibits any suspicious symptoms during camp:**

Camper will be immediately isolated, a mask or cloth face covering will be applied if not already, and parents will be called to immediately remove the camper and pursue medical intervention and testing.

Camper will be asked to stay home for the remainder of the camp week, all surfaces will be immediately re-sanitized. All campers and staff from the sick camper's group will be closely monitored by parents and camp instructors. Anyone who has come in close contact\*\* with the affected individual will be asked to stay home for the duration of the week.

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\*For the purpose of this guidance, fever is defined as subjective fever (feeling feverish) or a measured temperature of 100.4°F (38°C) or higher. Note that fever may be intermittent or may not be present in some people, such as those who are elderly, immunocompromised, or taking certain fever-reducing medications (e.g., nonsteroidal anti-inflammatory drugs [NSAIDS]).

\*\*Data are insufficient to precisely define the duration of time that constitutes a prolonged exposure or close contact. Recommendations vary on the length of time of exposure, but 15 minutes of close exposure can be used as an operational definition. Brief interactions are less likely to result in transmission; however, symptoms and the type of interaction (e.g., did the infected person cough directly into the face of the exposed individual) remain important.

Definitions from: <https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>